HOME SUPPORT FOR YOUR OWN FOUR WALLS



Finally! Living as a young adult in your own four walls – that is a big step! You have more freedom and can decide a lot alone. Nevertheless, with your own flat obligations in everyday life also increase and you carry responsibility for what happens next in your life. All this can be a bit much, sometimes too much.

FLAT, JOB, EDUCATION, FRIENDS, NEIGHBOURS, MONEY... HOW THEN DOES ALL THIS BALANCE OUT?

The team of Home Support supports you if you need help to solve problems.

Your flat What to do if you can't pay the rent or electricity? If you lose your flat? Or if you have locked yourself out by accident? Would you like to cook, but don't know how?

Your job or your education You are looking for a job? Or do you want to get an education first? You have no idea what you want to do later on?

Your money You can't cope with your money? Are you in debt? How do you apply for unemployment benefit (Arbeits-losengeld 2) or other benefits, such as vocational training assistance (BAB) or child support? Don't have a bank account yet?

Matters that are uncomfortable or embarrassing Have you been "caught"? Do you have a trial or community service? Do you have health problems or addictions that bother you? You have stupid or annoying neighbours or "friends"? You still have to sort out your residency rights?

Your wishes and goals What do you want to achieve? What problems do you have? Where can we help you?

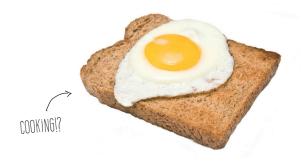
Who can turn to Home Support? You can let us assist you, if you are moving into your own flat or have moved within the last 12 months, and if you match to one of the following conditions:

- 1. You are not older than 21 years and previously,
- ... you were housed via the Youth Office or the ASD in a supervised youth flat
- ... you stayed in a district crisis or guest flat
- ... you were released from intensive socio-educational individual help (according to §§ 35 SGB VIII)
- ... you lived in a foster family
- 2. You are not older than 25 years and you are a participant of a "Jugend Aktiv plus"-project
- 3. You are a young father/mother with children or a pregnant woman and prior you stayed in a supervised flat (according to §§ 19 SGB VIII)

Who is Home Support? Our team consists of social workers and a psychologist. We gladly stand up for your interests. You call the shots. The team doesn't dictate anything to you.

By the way No one can or may force you to request assistance from us. When we meet, then voluntarily, because you want to!

How to reach us? You can reach us by phone, by mail or via the contact form on our website. Or just come round during our opening times. We can also meet in your flat and jointly tackle what you want to tackle.



Contact Home Support
Reimerstwiete 11, 20457 Hamburg (Altstadt)
Tel: 040-226594400
info@homesupport-hamburg.de
www.homesupport-hamburg.de

Opening times Mon $10-14^{00}$, Tue + Thur $14-18^{00}$, Fri $10-14^{00}$. We can make appointments outside the opening times.

How to get here Underground U3 to Rödingsmarkt or Bus line 6 to "Auf dem Sande" (Speicherstadt) or Bus line 111 to "Am Sandtorkai"



Im Verbund der Diakonie ≅ Responsible organisation: Evangelische Stiftung der Bodelschwingh-Gemeinde, Forsmannstr. 17/19, 22303 Hamburg

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